



GCST VOLUNTEER POLICY

UPDATED 4.20.24 | *EFFECTIVE JUNE 2024*

GCST only hosts 4 HOME sanctioned USA Swimming meets per calendar year.

April Invite, Open Water, June Invite & Fall Invite.

Home meets are the way that the team can produce some needed income and keep parent travel expenses down at the same time. Parents support at these meets is needed to do so.

Below are parameters for our UPDATED volunteer policy:

Session = Morning Shift, Afternoon Shift OR Finals Shift

- A family member must work the following number of sessions based of number of sessions for that meet:
 - 2 Sessions – work 1 session
 - 4 Sessions – work 3 sessions
 - 5 Sessions – work 4 sessions
 - 9 Sessions – work 8 sessions (June Meet)
 - Open Water Events – work all event due to site logistics
- Working an entire session is required to not receive a financial penalty.
- If volunteer spots are filled, you must contact [Cara Sanderson](#) via email to be put on a wait list. If you fail to do so, it will be considered as a “non-sign up” for that slot/meet and \$50 fee will apply.
- Most positions up are a first come, first serve basis.
 - Head Timer, Hospitality & Concessions are assigned spots to our Lead Volunteers – we always need officials (certifications required)
- If you have someone to volunteer for you, they must be 12 yrs & above to do so. However, you are still responsible for them showing up and working appropriately for their entire session.
- Volunteer hours for students will be given for volunteering.
- If there are extenuating circumstances involving volunteering for one of GCST home meets, **you must contact [Cara Sanderson](#) 14 days prior to the [meet](#).**